



BlueCross BlueShield of Texas



Take a step in the right direction

Let our Benefits Value Advisors¹ (BVAs) help you get the most from your health plan.

BVAs make it easier to use your health plan, while helping you save time and money. They are available 24 hours a day, seven days a week² to explain your benefits and provide guidance on how to use them. BVAs will also help you:

- Find a doctor or facility
- Get cost estimates for procedures and services
- Schedule appointments
- Set up prior authorizations (if needed)

In addition, you can access Provider Finder[®] to search for in-network doctors, hospitals and more. You can estimate the cost and your out-of-pocket expenses for hundreds of procedures, treatments and tests. You can also see side-by-side provider quality ratings and patient reviews.³

Visit bcbstx.com, register or log in to Blue Access for MembersSM and select "Find Care."

Get Informed on Cost Estimates

The same procedure performed in the same area by different providers can vary greatly in cost.

Here are examples⁴.

Estimated cost comparison for brain MRI



PROVIDER A:
\$682



PROVIDER B:
\$2,723



PROVIDER C:
\$3,849

Estimated cost comparison for a knee replacement



PROVIDER A:
\$17,003



PROVIDER B:
\$47,617



PROVIDER C:
\$61,980

Remember, BVAs are ready to help you 24/7. Call the number on the back of your member ID card and ask for a BVA. You can also connect with a BVA via live chat in **Blue Access for Members (bcbstx.com)** or in the BCBSTX App, which you can quickly download by texting* **BCBSTXAPP** to **33633**.

Want to know more?

Scan this QR code to watch a short video.



1. Benefits Value Advisors offer cost estimates for procedures and services from various providers and facilities. Lower pricing and cost savings are dependent on the provider or facility you choose. Benefits Value Advisors do not give medical advice. Talk to your doctor or health care professional about any health questions or concerns.

2. Excludes major U.S. holidays.

3. Available for most networks and plans.

4. Examples shown are for specific locations and time periods and are not intended to represent costs for procedures in your area.

*Message and data rates may apply. Terms, conditions and privacy policy at bcbstx.com/mobile/text-messaging.